

# Great Lakes Clinical Massage Therapy Patient Health Record

Please fill out our *confidential* patient health record completely and accurately.

**Clinical Massage Therapy is a soft tissue therapy that utilizes deep tissue massage, manual joint mobilization, hot/cold therapy, and therapeutic exercise procedures to reduce, pain, spasm, and inflammation.**

**If you have any questions, please don't hesitate to ask.**

*It is our pleasure to be of service to you. Our commitment to you is to promote the highest quality of health and well-being possible.*

## ABOUT THE PATIENT

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: Home: (\_\_\_\_) \_\_\_\_\_ Cell : (\_\_\_\_) \_\_\_\_\_

Email address: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_ Gender:  M  F

Type of Work: \_\_\_\_\_

## HOW DID YOU HEAR ABOUT THE OFFICE?

Drive By       Google       Facebook

Website       Flyer       Phone Book

Referral: \_\_\_\_\_

Other: \_\_\_\_\_

Do you have family or friends who are treated here?

Yes     No

## FOR OFFICE USE ONLY

First Appointment Date: \_\_\_\_\_

Therapist: \_\_\_\_\_

## EXPERIENCE WITH TREATMENT

Have you had a massage before?  Yes     No

Approximate date of last visit: \_\_\_\_\_

Type of Treatment:  Clinical     Relaxation     Other

What were your results? \_\_\_\_\_

\_\_\_\_\_

## IN AN EMERGENCY, CONTACT:

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Cell Phone: (\_\_\_\_) \_\_\_\_\_

Other Phone: (\_\_\_\_) \_\_\_\_\_

## REASON FOR THIS VISIT

Tell us about your symptom(s): \_\_\_\_\_

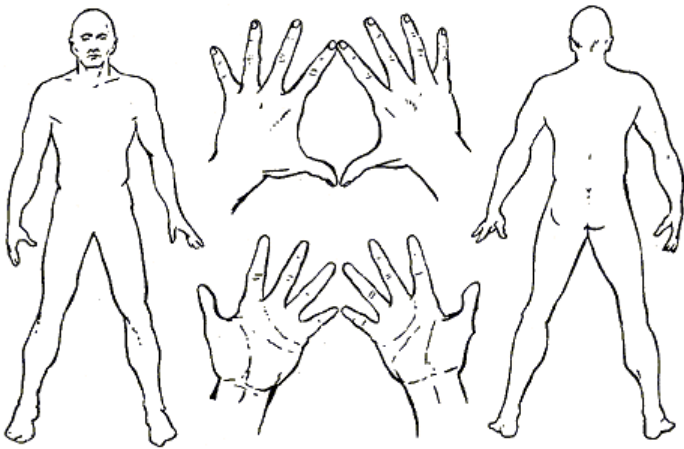
Is the purpose of this visit related to:  Job  Sports Injury  Auto Accident  Home Injury  
 Chronic Discomfort  Fall  Other, Please explain: \_\_\_\_\_

Do you have any allergies to products: \_\_\_\_\_

Have you seen any other health care providers *for the same symptoms*?  Yes  No

If yes: Provider's Name(s): \_\_\_\_\_

Type of treatment and results: \_\_\_\_\_



**Use the symbols below to show us where your symptoms are on the pictures to the left.**

Sharp pain: // // // // //  
Dull/aching pain: ✓ ✓ ✓ ✓ ✓ ✓  
Stabbing pain: △ △ △ △ △  
Weakness: # # # # # #  
Numbness: + + + + + +  
Burning: X X X X X X  
Pins and needles: O O O O O O

### MEDICATIONS PATIENT TAKES

- Nerve Pills  Muscle Relaxers  
 Pain Killers (including Aspirin)  
 Blood Pressure Medicine  
 Anti-inflammatory Medicine  
 Stimulants  Blood Thinners  
 Tranquilizers  Insulin  
 \_\_\_\_\_  \_\_\_\_\_

### OTHER HEALTH CONCERNS

Do you have any other health conditions that may cause complications with your treatment? (i.e. bruise, surgeries, etc.)

Please Explain: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**In an effort to avoid a \$25.00 cancellation fee, please notify your massage therapist of your cancellation within 24 hours of your appointment time.**

By signing below, I understand the cancellation fee, and that the massage therapists, at Great Lakes Clinical Massage Therapy, do not diagnose patients.

Print Name

Signature

Date